

Student Development & Well-Being

13 March 2026



Assessment Matters

Primary 6



Assessment – P6

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

Term 1	Term 2	Term 3
Class Test 1	Class Test 2	Preliminary Examinations

Removal of Mid-Year Exams for all levels:

- In line with our efforts to shift away from an over-emphasis on examinations, and nurture an intrinsic joy of learning.
- More time and space for students to further develop 21st Century Competencies and engage in more student-centric learning.
- Class work, non-weighted and timed assessments will continue to be used to support students' learning, inform their learning progress and address learning gaps.



Assessment – PSLE Dates (*tentative*)

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

Registration	14 April - 27 April
PSLE Oral	12 August & 13 August
PSLE Listening Comprehension	15 September
PSLE Written Examination	24 September - 30 September

For more information on PSLE matters do visit <https://www.seab.gov.sg/psle/>



Direct School Admission (DSA)



Direct School Admission (Sec Sch)

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

DSA-Sec

DSA-Sec provides a pathway for students to gain admission to secondary schools based on their interests, aptitude, and potential, beyond their performance at PSLE.

They can seek admission based on their diverse range of talent in sports, CCAs and specific talent areas including:

- Uniformed groups
- Language and Humanities
- Debate and public speaking
- Leadership (for example, prefects, sports leaders, peer support leaders)



Direct School Admission (Sec Sch)

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

DSA-Sec

If your child is admitted to a secondary school through DSA-Sec, he/she is not allowed to:

- Submit school choices during the Secondary 1 (S1) posting process
- Transfer to another school. They must commit to their chosen school for the duration of the programme.



Direct School Admission (Sec Sch)

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

How to apply

- Students can apply through the DSA-Sec portal. There are no application fees.

Timeline

- **Jan to May** → explore schools and programmes
[School Finder] <https://www.moe.gov.sg/schoolfinder?journey=Primary%20school>
- **May to Jun** → apply for preferred schools through DSA-Sec portal
- **Jul to Aug** → secondary schools will notify shortlisted students (interviews, auditions or trials)
- **Sep** → offer from schools for selected students
- **Oct** → students submit school preferences through DSA-Sec portal
- **Nov** → confirmed admission only when PSLE results are released

For more information on MOE-DSA matters: <https://www.moe.gov.sg/secondary/dsa>

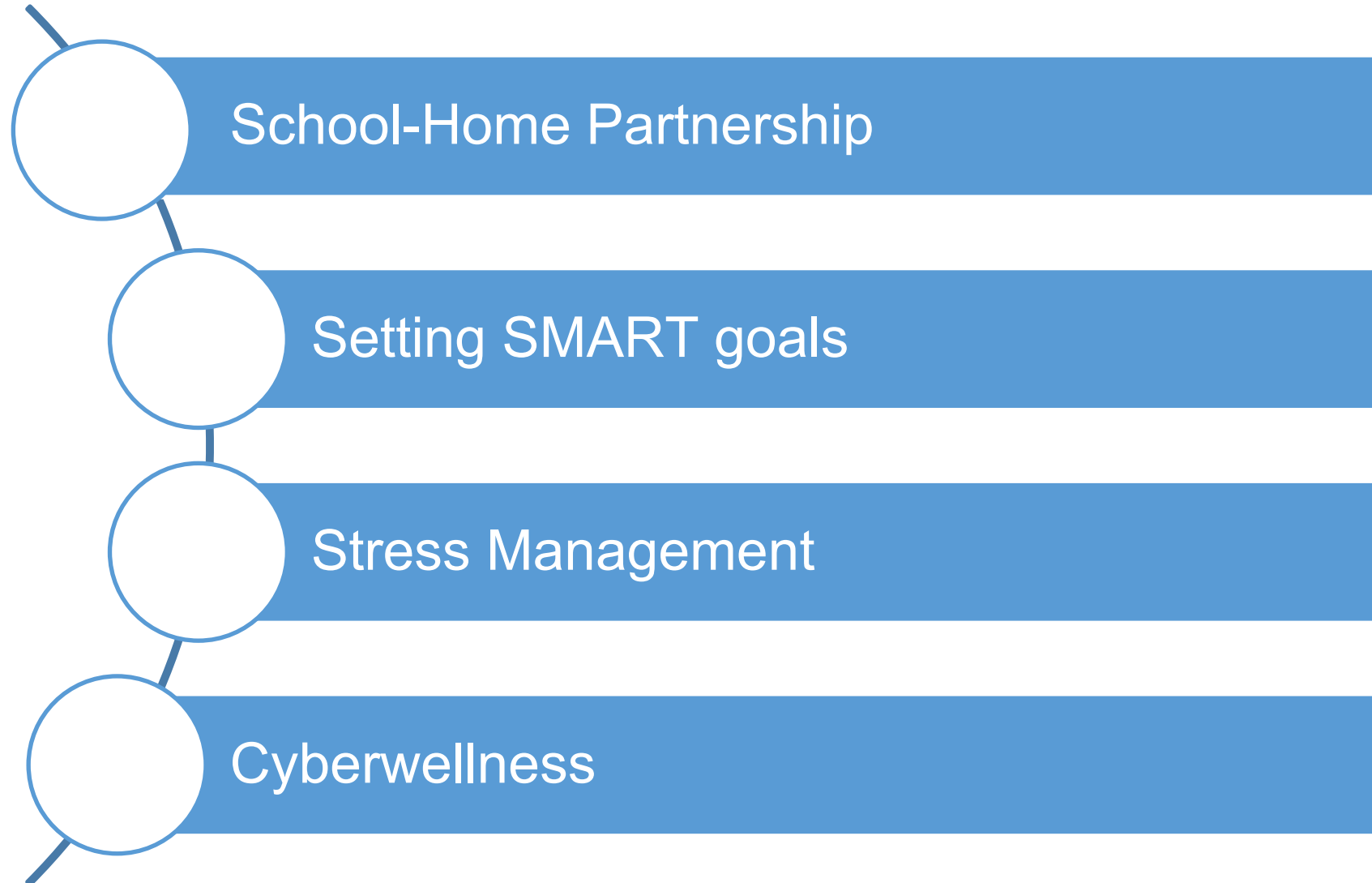
Note: Current MOE-DSA website indicates 2025 information.

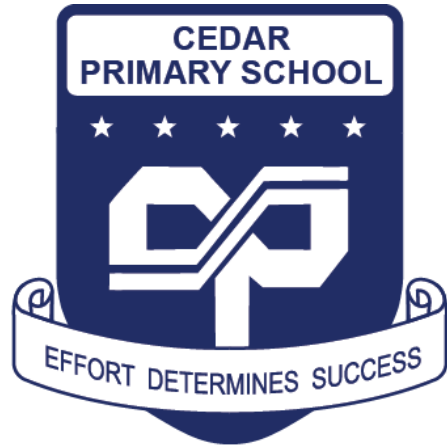


Student Holistic Development and Well-Being



Student Holistic Development and Well-Being





School-Home Partnership (SHP)



Supporting Your Child's Mental Well-Being

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

**We can work together
to foster SHP**

**1 Respectful
Communication**

2 Role Models

3 Real Connections





Respectful Communication

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

Open, respectful conversations between educators and parents deepen our understanding of each child, enable a coordinated & holistic support for the child and model healthy communication for our students.



Share observations about your child's emotional state, stress levels, and social interactions



Listen to and understand each other's perspectives and concerns regarding your child



Communicate kindly and respectfully with one another





Role Models

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

Model the skills and values our children need for their mental well-being



Demonstrate healthy ways to manage stress, setbacks and difficult emotions



Show children it is okay to ask for help when struggling



Model self-care



Check out this video on MOE YouTube for tips on how parents can support the social-emotional learning of their children.



Real Connections

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

Building strong bonds and genuine connections helps nurture a sense of belonging and emotional safety, supporting mental well-being of your child

Teach children to recognise and communicate their emotions effectively

Build strong bonds through shared experiences and meaningful conversations



Establish routines that support mental wellness (outdoor time, sufficient sleep, family time, limit screen time, etc)



We value your partnership to raise a *'Happy, Kind, and Confident Generation Together'*

1 Respectful
Communication

2 Role Models

3 Real Connections

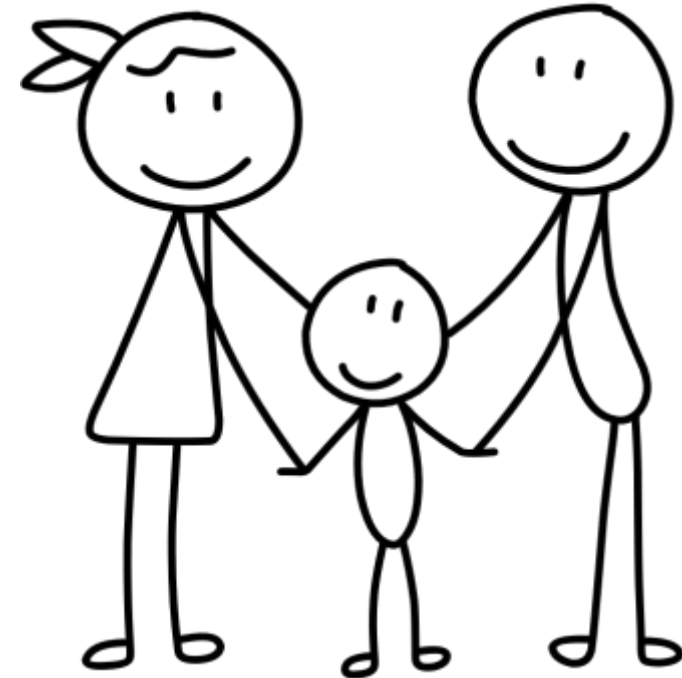




Importance of Family Support



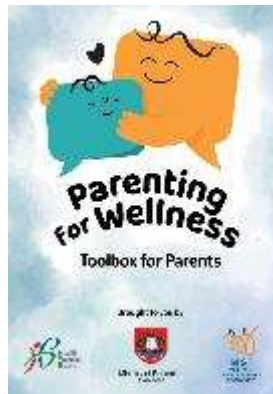
The Termly Check-In Surveys show that families are a **predominant source of support** when Primary School students are feeling stressed or anxious — demonstrating the **vital role parents play in their children's mental well-being.**



Parents are a predominant source of support for their child.



You can use **C.H.E.E.R** to guide your conversations and support your child.



<https://go.gov.sg/parentingforwellness>

Scan the QR Code to read an example in the Parenting for Wellness toolkit, of how CHEER can be used. The full toolbox is available at the end of the presentation.



Calm them down



Hear them out



Empathise with their feelings



Encourage them to seek help



Reassure them

Source: Parenting For Wellness Toolkit



Stress Management

Supporting your child together



Supporting Your Child

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

Recognise Common
STRESS SYMPTOMS
in Your Child

Use this list to check if your child is experiencing **STRESS**

- S**truggles to pay attention in studies or activities
- T**iredness
- R**ebellious streak
- E**xcuses to miss school
- S**tays away from others
- S**ulkiness

Progress is...

Taking one step at a time and doing one thing at a time. In the grand scheme of things, I choose to see that 5 minutes of something done well is better than 1 hour of something done with frustration and unhappiness.

Growth takes time, and I tell myself at the end of each day, "Okay, at least we did this".



Cyberwellness

Supporting your child together



What is Cyber Wellness?

Cyber Wellness is the ability of our children and youth to navigate the cyberspace safely.

This is done through our **Character and Citizenship Education (CCE) curriculum** which aims to:

- **equip students with the knowledge and skills** to harness the power of Information and Communication Technology (ICT) **for positive purposes;**
- maintain a **positive presence in cyberspace;** and
- be **safe and responsible users of ICT.**

Through the curriculum, your child learns knowledge and skills to have **balanced screen use, be safe online, and exhibit positive online behaviours.**

Resources

Scan here to find out more about MOE's Cyber Wellness curriculum:



<https://go.gov.sg/moe-cw-education>



Did you know?

A survey of 600 parents in Singapore revealed the types and frequency of **harmful content** our children are exposed to, including cyberbullying, sexual grooming, and sexual harassment.

However, **not all parents are aware** of the **online risks**.

Source: Milieu Insights, [reported by the Straits Times](#) (Feb 2021)

What does this mean?

We need to be **involved** in our children's digital lives, and put in **parental controls** to keep them safe and role-model for responsible use.



Did you know?

Most social media platforms and popular games have **App Store age-ratings:**

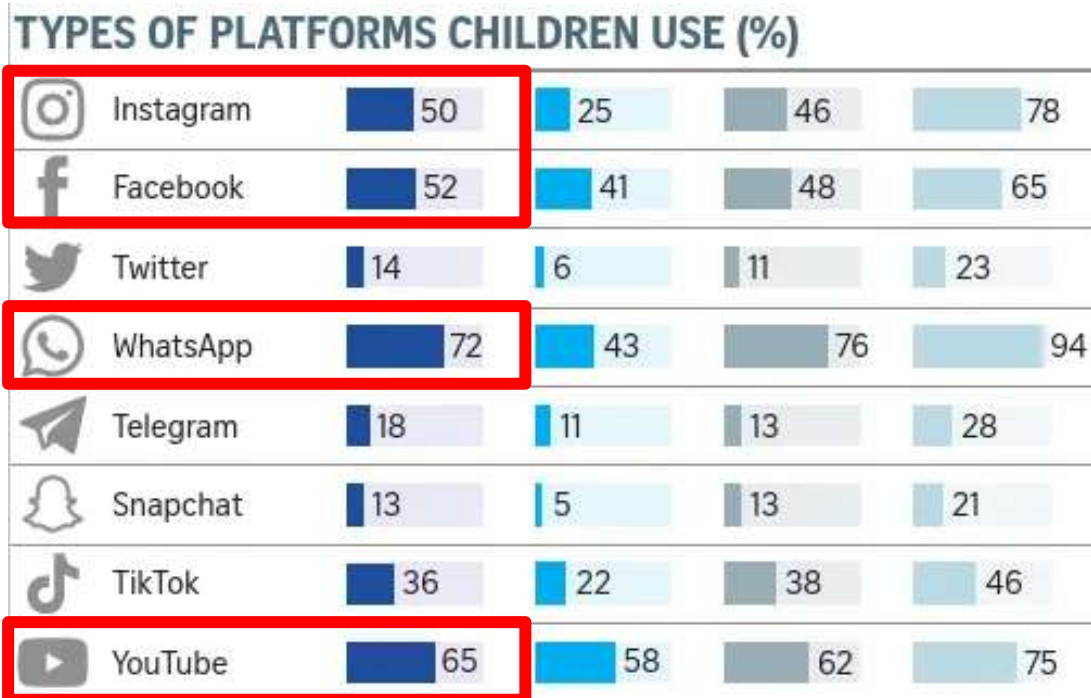
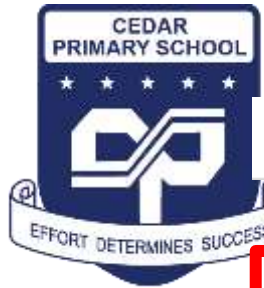
- **12+** : WhatsApp, Instagram, Roblox
- **17+** : Telegram and Discord

But the **majority of our children** have access to social media **before the recommended ages.**

Research shows that **screen use (smartphone and social media access) in young children** is associated with: insufficient good quality sleep, sedentary behaviours, obesity, and mental health and well-being .

What does this mean?

We need to ensure our children's use of devices and platforms are **age-appropriate**, and have **open conversations** with them about their digital habits.



CURRENT REALITY

About a third of parents



with children aged seven to 12 said they had Instagram accounts

Source: Milieu Insights, [reported by the Straits Times](#) (Feb 2021)



Managing & Monitoring

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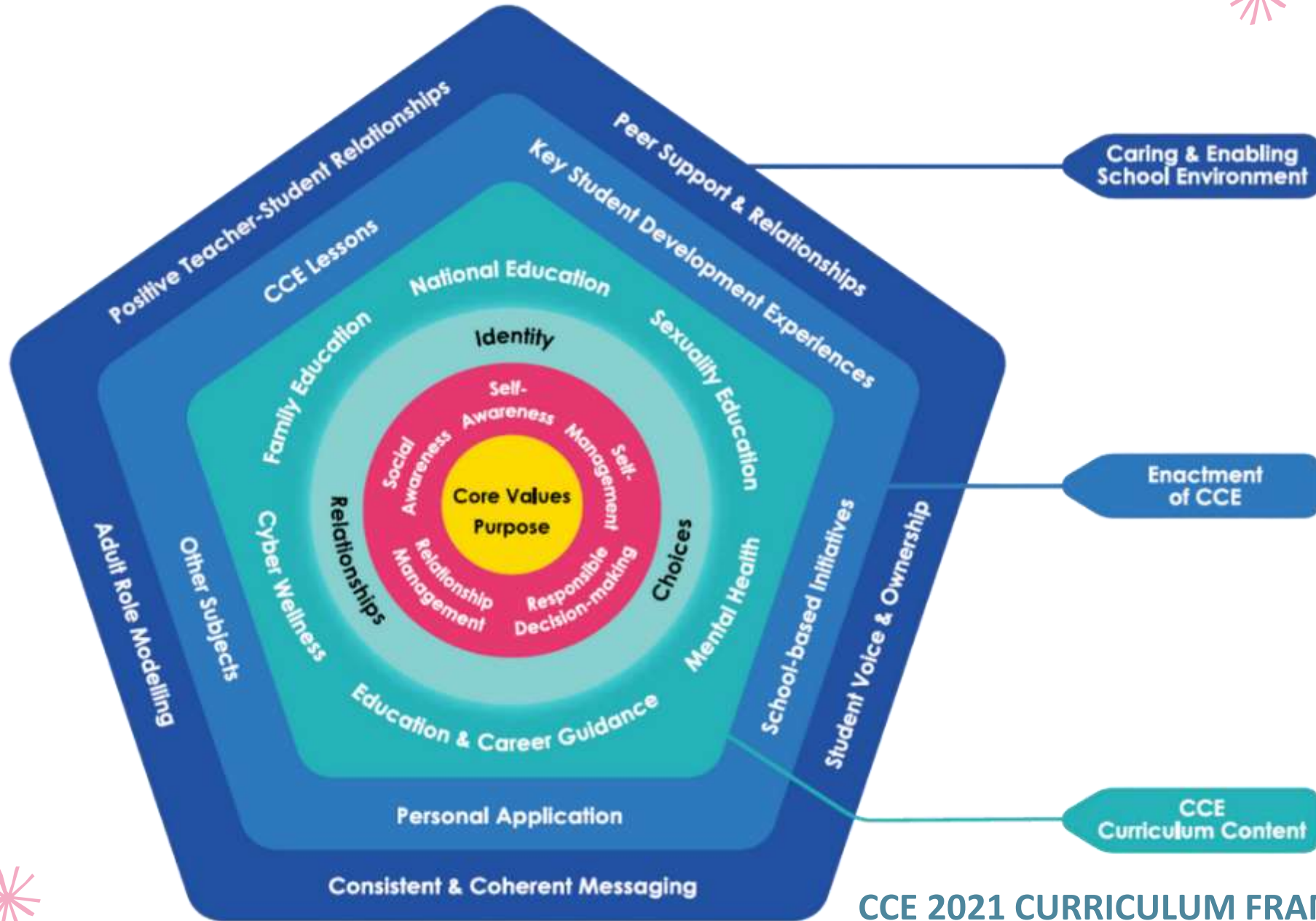
- Set limits on time allowed
- Put away for downtime
- Have conversations about their online usage
- Monitor social media activities
 - Eg: family link



CHARACTER AND CITIZENSHIP EDUCATION (CCE)

Curriculum Briefing for P6 Parents 2026





CCE 2021 CURRICULUM FRAME

CCE 2021

CCE Curriculum Content

- National Education
- Sexuality Education
- Family Education
- Mental Health
- Cyber wellness
- Education and Career Guidance

Enactment of CCE

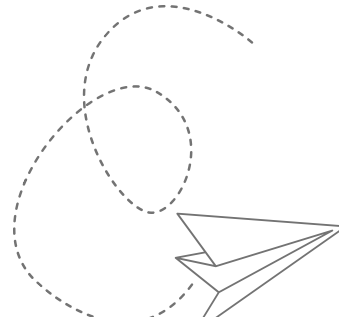
CCE Lessons

Key Student Development Experiences

School-based Initiatives

Other Subjects

Personal Application



Goals of Character and Citizenship Education

**Good
Character**

**Resilience
&
Well-Being**

**Active
Citizenship**

**Future-
Readiness**



ECG Advising Frame



Who am I?
Discovering your purpose
in life.



Where do I want to go?
Exploring opportunities



How do I get there?
Staying relevant





Nurture students' self-awareness to support them in discovering how they can meaningfully play a part in their community

Where do I want to go?



What type of educational institute is suitable for you to progress to?



How will the courses further support the development of your V.I.P.S. and fulfill your aspirations?



Have you done your research to understand the requirements and courses/programs offered in the institutions?



What are some industries/occupations you can consider which are related to your strengths/ skills and interests?



Develop students' self directedness and confidence to explore and leverage education and career opportunities while respecting the value of all occupations

Who am I?



What are some of the things you enjoy doing?



How would you describe your values, interest, personality, skills and strengths. (V.I.P.S)



What is important to you?



What motivates you?



What are your goals and aspirations?
How do you want to contribute to the school and community through them?



Build students' adaptability and resilience to embrace the need for lifelong learning.

How do I get there?



What are my SMART goals?



Have I developed an action plan to attain my SMART goals?



Which trusted adult can I consult?



Have I researched on updated school information?

My Dreams and Hopes



This unit has two lessons and focuses on guiding students to explore education pathways and, thereafter, **choose schools that would help them** to further develop their interests, strengths, talents and skills.

In this unit, students will have the opportunity to:

- Understand how our dreams and aspirations motivate us and give us opportunities to develop our interests, strengths, talents and skills (I Can).
- understand why it is important to choose an education pathway that matches one's strengths, skills, interests and academic inclinations and know which education pathway is suited for oneself.
- learn about the factors to consider when selecting secondary schools.
- set goals to gain admission into their preferred school.



Setting SMART GOALS

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

SMART Goals

S	M	A	R	T
SPECIFIC	MEASURABLE	ATTAINABLE	RELEVANT	TIME-BOUND
What exactly do you want to achieve?	How can you track your progress?	What's your action plan to reach the goal?	How will the goal help you this year?	By when will you achieve the goal?



Setting SMART GOALS

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

- ❑ Set goals together with them
- ❑ Learning milestones
- ❑ Celebrating success
- ❑ Have conversations with your child not focused on the academics
 - ❑ likes,
 - ❑ dislikes,
 - ❑ friends they are close with

1) Understand your child

Find out more about their strengths, interests, and how they like to learn in primary school.



- Ask them about their favourite lessons, what they enjoy, and how they overcome challenges.
- This will help you understand their strengths, interests, abilities, and the school environment they thrive in.



My SkillsFuture Portal

<https://www.myskillsfuture.gov.sg/content/student/en/primary.html>

Log In: Student's MIMS ID and Password



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Career Quest

World of Work ▾

Education Guide ▾

Help ▾

Feedback



Login



ASEAN youth leaders
learn to solve real-world
healthcare challenges
with MSD

[Learn More](#)

- All SMU undergrads to take a sustainability module from 2023, take one course in the field from 2024
- Nanyang Polytechnic to take on 'Jobs-skills integrator' role
- Public transport workforce to grow by 4% by 2025; 800 jobs to be added as rail network grows
- Skills development a key area of cooperation between Singapore and India: Gan Kim Yong
- SUSS, SIA launch aviation courses for undergrads, pilots
- Full Subject-based Banding: A Day in the Life of an FSBB student at Deyi Secondary School





Exploring Industries



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My ePortfolio

My Goal

Singapore Industry Landscape

Learn About Job Roles

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Overview

Under World of Work, students can explore about Singapore's industry landscape and the different kinds of jobs available. They will also learn about the skills required for the different jobs.

Singapore Industry Landscape

 [View My Reflections](#)

[Select Industry](#) ▾

 [View All Articles](#)

 [View All Videos](#)



Check This Out!

You may find these job roles interesting. Click on them to find out more!



Hot Jobs!

Find out what jobs are trending! Learn more about the jobs that are in demand.



What's Cool?

Check out the jobs that people are reading about!



Explore Schools

Search by school type or school name to find out more

[Advanced Search](#)

Guiding Questions

Unsure about how to choose a suitable secondary school? Let these questions help you in your exploration.



My Goals

Start setting your goals and taking the steps needed to achieve them.



Conversations about Secondary Schools

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- What are my strengths and interests?
- What are the programmes and schemes available in the school?
- What are the school's strengths?
- Do co-curricular activities (CCA) offered by the school match my strengths and interests?
- Will the secondary school provide an appropriate learning environment for me?
- How far is the school from my home?
- Is the secondary school affiliated to my primary school?



Choosing Schools Together

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

Shortlist a range of schools

MOE > SCHOOLFINDER > Last Updated: 11 January 2024

Education levels < Financial matters < Education in SG < Newsroom < Careers < About MOE

SchoolFinder

Explore schools based on their distance from your home, locations, CCAs, subjects and programmes offered.

Secondary Search for a school or keywords e.g. "Admiralty" or "Football" **SEARCH**

Criteria Clear all

Location
Search for schools near you
Enter your postal code Clear

OR

Search for schools by area
Select an area

Secondary schools

Showing 148 Secondary schools 1 of 8

- Admiralty Secondary School**
Woodlands
31 Woodlands Crescent, 5737916
- Ahmad Ibrahim Secondary School**
Yishun
751 Yishun Avenue 7, 5768928

Criteria

Location

Search for schools near you

Enter your postal code

OR

Search for schools by area

Select an area

Admission type ^

Direct School Admission (DSA)

Co-curricular activities (CCAs) v

Subjects v

Electives and programmes v

PSLE score range of 2023 v

Support for special educational needs v

School type v



Thank You
