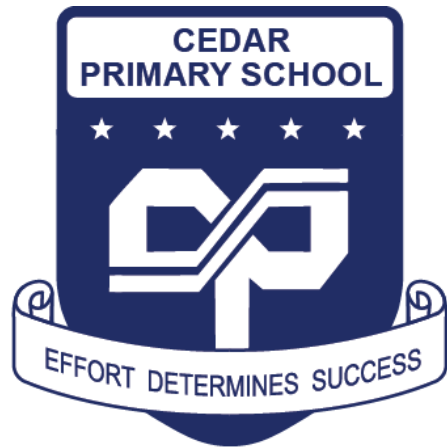


**Cedar Primary School
2023 Primary 1 Orientation &
Year Head Admin Briefing
for Parents
18 November 2022**





Programme

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

- Welcome
- Principal's Address
- Year Head Admin Briefing
- Books and Uniform Purchase
- Home Sweet Home



P1 Students Orientation Programme

Tuesday 3 – Friday 6 January 2023

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

Term 1 Week 1

School Hours for Primary 1 Students

Date	Activity	Time
Tuesday 3 January 2023 to Friday 6 January 2023	P1 Student Orientation Programme and lessons	8.30am – 12.30pm
	Primary 1 Recess	Tuesday 3 January Staggered* Wednesday to Friday 4-6 January 10.30am-11.00am
	Dismissal	12.30pm



P1 Orientation Programme 2023

Tuesday 3 January 2023

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

Time	Programme	Instructions for Parents
8.15am-8.30am	Arrival for 2 parents per P1 student. Parent and child to have child's name-tag lanyard on.	Enter by a) Gate E Security Post (Cedar Avenue) b) Gate H (Bidadari Crescent) c) Car Porch The parents and child will be directed to the classroom.
8.30am-8.45am	Attendance taking in class by Form Teachers in the classroom	Parent to verify/ provide updates to teachers on : <ul style="list-style-type: none">• their child's dismissal mode• emergency contact details• important concerns e.g. medical conditions, allergies, etc Parents take their leave via the same gates.
8.45am-10.30am	P1 Orientation Activities in class	<u>One Parent</u> to return to school to observe during their child's recess time.



P1 Orientation Programme 2023

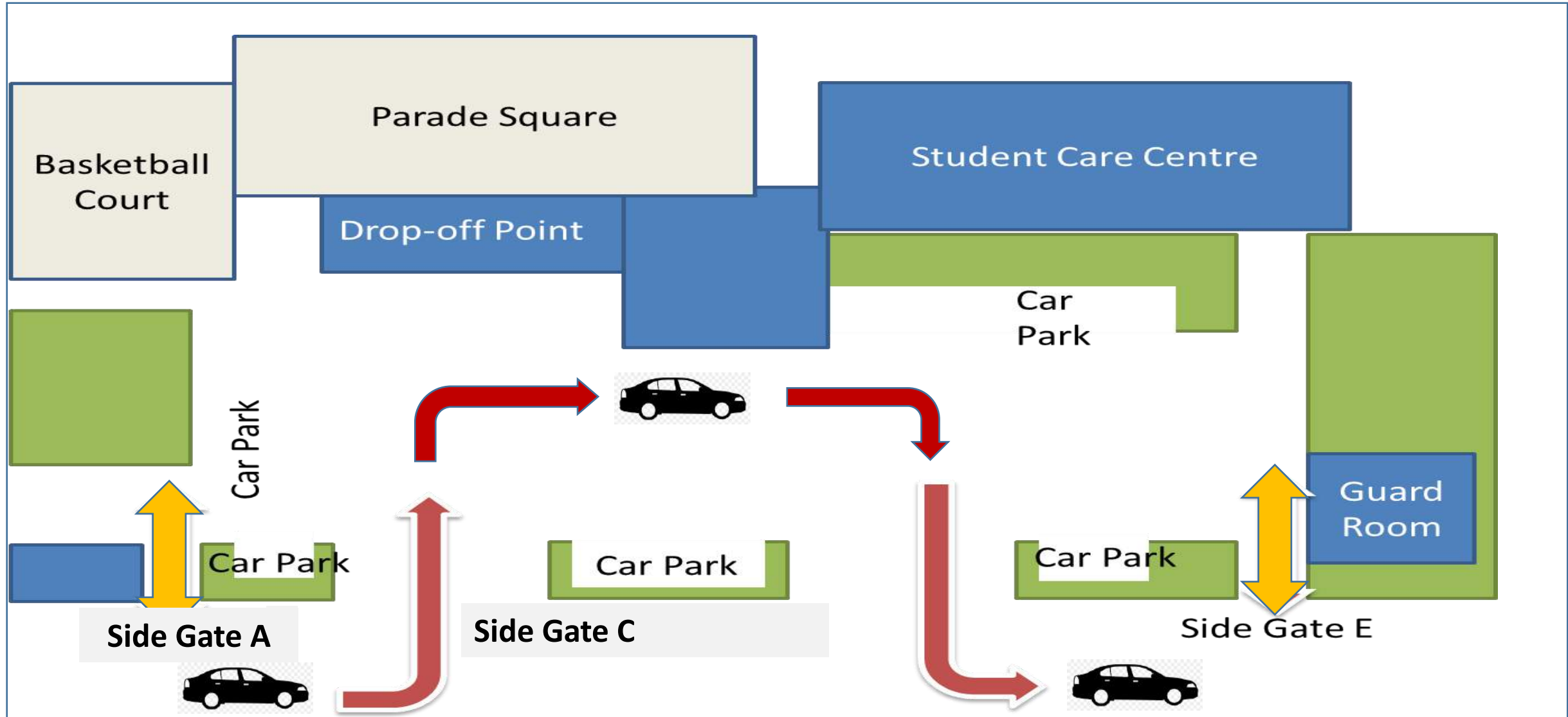
Tuesday 3 January 2023

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

Time	Programme	Instructions for Parents
9.30am-10.00am	1 Care & 1 Harmony	One Parent to observe his/her child at the designated canteen table. Parents return name-tags and take their leave after their child’s recess time.
10.00am-10.30am	1 Respect & 1 Creativity	
10.30am-11.00am	1 Resilience & 1 Responsibility	
11.00am- 11.30am	1 Kindness & 1 Integrity	
After recess	P1 Orientation Activities	
12.30pm	Students going home with parents will use: Gate A – P1 Kindness, P1 Integrity & 1 Creativity Gate C – P1 Resilience & P1 Responsibility Gate E – P1 Respect, P1 Care & P1 Harmony Gate H – All P1 classes <i>**Students attending SCC (Big Hear Student Care) and school bus takers to proceed directly to SCC and school buses^.</i>	

Safety and Security

Traffic Flow for drop off only (7.00am to 7.30am)





Arrival & Dismissal Gates

Dismissal timing - Mon-Thurs : 1.25pm, Fri : 12.55pm

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity



Gate E (Security Post)
P1RT, P1CA, P1HM



Gate H (Bidadari Crescent)
All P1 classes



Gate H Opening Hours

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

Level	GATE H	
	Days	Opening Hours
Primary School	Mondays to Fridays	7.00am to 7.30am
	Mondays to Thursdays	1.30pm to 2.00pm
	Mondays, Tuesdays and Thursdays	3.20pm to 4.00pm
	Fridays	1.00pm to 1.30pm
MK & Kcare	Mondays to Fridays	7.00am to 8.30am
		11.50am to 12.00pm
		4.50pm to 6.00pm



P1 Dismissal Gates (Cedar Avenue)

Dismissal timing - **Mon-Thurs : 1.25pm, Fri : 12.55pm**

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity



Gate **A** : P1IT, P1KN, P1CT



Gate **C** : P1RS, P1RP



Arrival & Dismissal Point

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity



Bus Bay

- **Vehicle drop off in the mornings before 7.30am**
- **Bus drop off and boarding**



Term 1 Week 1 (2023)

Wednesday 4 January – Friday 6 January

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

Time	Programme Activity		Instructions for parents
8.15am- 8.30am	P1 Students report to school and are directed to their classrooms. * <i>P1 students taking school bus or coming with siblings before 7.30am, will wait in a designated area. They will be asked to read a book.</i>		Parents take their leave through school gate E.
8.30am- 10.30am	4 - 5 Jan	P1 Orientation Activities	Form and Subject Teachers to conduct activities and lessons.
	6 Jan	Lessons begin	
10.30am - 11.00am	P1 recess		P1 Students will be accompanied by their P4 buddies and Form/ Subject teachers for recess.



Term 1 Week 1 (2023)

Wednesday 4 January – Friday 6 January

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

Time	Programme Activity		Instructions
11.00am – 12.30pm	3–5 Jan	P1 Orientation Activities	Form Teachers and Subject Teachers to conduct activities and lessons
	6 Jan	Lessons continue	
12.30pm	Students going home with parents will use Gate A – P1 Kindness & P1 Integrity, P1 Creativity Gate C – P1 Resilience & P1 Responsibility Gate E – P1 Respect, P1 Care & P1 Harmony Gate H – All P1 Classes <i>*Students attending SCC, taking school bus, or going home with siblings to wait in class with Form or Subject Teachers until 1.25pm for Wednesday and Thursday and 12.55pm for Friday.</i>		



Term 1 Week 2 (2023)

Monday 9 January onwards

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

Time	Programme Activity
7.00am - 7.25am	P1 students arrive and report to parade square for flag raising ceremony
7.30am - 9.00am	Lessons according to Class Timetable
9.00am -9.30am	P1 Recess
9.30am - 1.25pm	Lessons resume according to Class Timetable <i>P1 Snack break from 11.30am-11.40am</i>
1.25pm (Mon-Thur) 12.55pm (Fri)	P1 Dismissal



Morning Activities

**7.00am -
7.25am**

- Report to parade square
- Sit and read a storybook

7.30am

- Announcements
- Flag Raising Ceremony

P1 students will be issued with an Oral Digital Thermometer in January. P1 –P6 students will be using oral digital thermometers for temperature taking exercise held each term and **record their temperature in their student handbook during the exercise. Students are encouraged to take their own temperature should they feel unwell in school or at home.*



At Recess

Your child needs to/ can

- Bring own food or know how to buy food
- Bring the right amount of money **(\$2.50-\$3.00)**
- Bring a water-bottles to school every day, and only drink water in class. (No packet or sweet drinks in class).
- Know dietary restrictions and food allergies and inform teachers
- Wipe-down after eating and/or drinking
- Have a toilet break, play at play areas or visit the library.
- Interact with friends, rest or read at canteen tables



For Snack Time

Eating a snack is not compulsory

Snacks are to be /can be

- **consumed quickly in class**
 - **something healthy and dry e.g. biscuits, nuts, dried fruit.**
 - **brought from home, bought at recess**
- *No sweets, chocolates, potato chips, full meals, fresh milk products.**





For Snack Time

Eating a snack is not compulsory

Healthy Snacks

- Fruit
- Nuts
- Crackers
- Biscuits
- Sandwich



For Snack Time

Eating a snack is not compulsory

Unhealthy Snacks

- Chocolates
- Cookies
- Cake and sweet pastries
- Sweet snacks
- Fried snacks and chips





Timetable

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

Your child will be learning how to read and use the class timetable to

- **pack the right books and materials** for the next day's lessons
- **be dressed in the right attire** for lessons

Please provide support for your child in this.



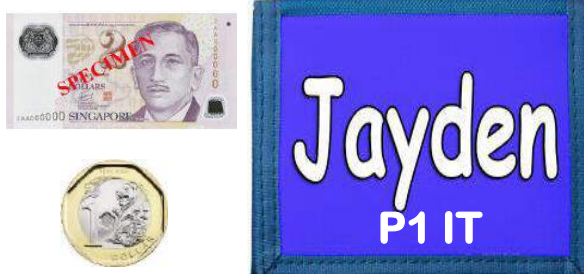
Items to bring on Tuesday 3 January and for each school day

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity



**Tan Yili
P1 KN**

A water bottle **labelled with name and class**



A wallet **labelled with name and class** with \$2.00 or \$3.00



Food for recess (if not buying food for recess)



A small healthy snack for snack break at 11.30am



A small packet of tissue



A thin or small storybook for reading



A small box of colour pencils **labelled with name and class**



Sharpened pencils, an eraser, a ruler in a pencil case **labelled with name and class**



Personal Belongings

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

All students must :

- label all their own school textbooks, workbooks, story books, files, worksheets, wallets, water-bottles, food containers, stationery items with their FULL name and class
- write their names on the **Cover page** of **all their books**
- take responsibility for their own belongings



What **NOT** to bring to school

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity



Too much money



Jewellery



Toys



Trading /Playing Cards



Smart watches



Handphones



Digital Devices



Trolley Bags



P1 Students' School Attire from 3 January 2023

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

PE Attire



School Uniform



white school shoes and socks

School Lanyard with Student's Name and Class



Child to wear his/her nametag to school each day.



Parent coming on **3 Jan**, to put on the second lanyard with child's name and class. Return lanyard after recess.



Expectations for all students

ATTIRE AND APPEARANCE

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

All Students are expected

- be **neatly attired at all times and** wear the **prescribed uniform according to class timetable and their name-tags every day.**



- wear **PE attire** for PE, CCA and PAL (optional)
- PE attire will be worn the whole day
- **tuck-in House T-shirt** neatly.
- **Girls to wear their skirts all at times except during PE. Skirt length should cover knees



Strictly no modifications to the school uniform and PE attire is allowed.

Exchanges for PE and uniform purchases are allowed if the attire has **not been worn or washed.*

Parents are to contact vendor as soon as possible for the exchange.



General Expectations for all students

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

Footwear permitted

- **Plain white shoes** that provide support for sporting activities (e.g. **white canvas** or **white track shoes**).
- Only **shoes with shoelaces** and **velcro fasteners** are allowed.
- **No doll shoes or leather shoes** allowed.
- Only **plain white socks** that cover the ankles.





Attire and Appearance : Simple and neat Hair for Girls

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

- Short fringe above eyebrows.
- Long fringe to be pinned up.
- Tie up long hair neatly.



- No tinting, bleaching and colouring of hair.



- Only Black and dark blue hair accessories are allowed.





Expectations for all students

ATTIRE AND APPEARANCE

Values: Kindness, Integrity, Resilience, Responsibility, Creativity

- **No jewellery to be worn.**
- Piercing can only be on the earlobe.
- **Small, plain studs or transparent ear sticks may be worn.**

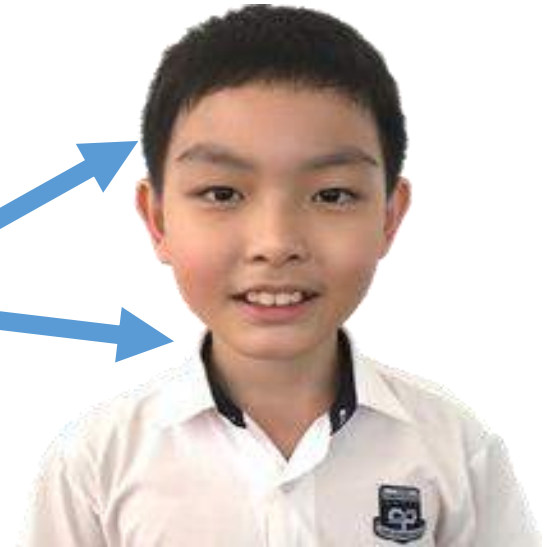




Attire and Appearance : Short neat Hair for Boys

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

- Boys must be neat in appearance.
- Hair to be kept **short and neat**.
- Hair must **not cover forehead, touch eyebrows or shirt collar**.
- Hair at the back of the head must be **sloped**.
- **No outlandish hairstyles** (e.g. layered, shaved, spiky) are allowed.
- **No sideburns**.
- **No tinting, bleaching and colouring** of hair.



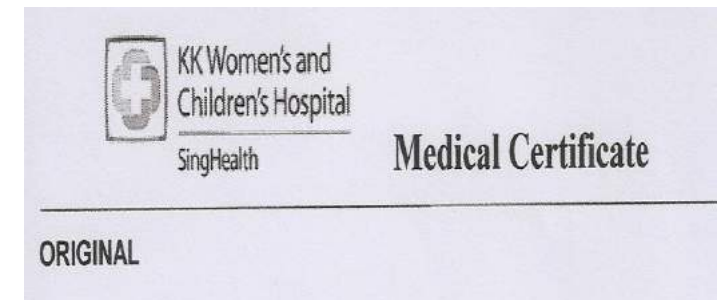


Safety and Security

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

If Your Child Is Sick

- With **fever and rashes, vomiting, flu-like symptoms**, having HFMD or contagious disease **please seek medical help**
- **Inform the school** that your child is ill and the **days your child will be away** from school.
- Provide a **medical certificate** or a **letter of excuse** to your child's form teacher upon return to school.





P1 Regular School Hours from Monday 9 January 2023

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

Reporting Time is by **7.25am**.

Flag Raising is at 7.30am.

Dismissal for P1

Mondays to Thursdays is **1.25pm**

Fridays is **12.55pm**

Recess & Snack Break

Primary 1 Recess is from **9.00am - 9.30am**

Primary 1 Snack Break (in class) is from **11.30am**



Contacts for School and Vendor services

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

Cedar Primary School

School Tel : 6288 5633

Email : <https://cedarpri.moe.edu.sg/>

Big Heart Student Care

Tel : 9022 1218

Email : cedar@shgstudentcare.com.sg

School Bus Transport – Yeap Transport Pte Ltd

To request for bus services, register : <https://bit.ly/cdpsbus>

Tel : 8823 5255 (Ms Joanne Ng) / 8718 5255 (Mr Mo Hui Ren)



Contacts for School and Vendor services

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

School Books Authorised Vendor

www.pacificbookstores.com

**Parents are advised to purchase all books from Pacific as they carry all our school textbooks, workbooks, exercise books and files with our school crest. 2023 booklist is available ONLINE on their website. Parents are to make their orders online and arrange with vendor or delivery or self-pick. P1 students will given a schedule on 5 Jan to follow for submission of their school books to their teachers.*

Uniform

<https://beauviox.com>

Parents **may wish to purchase 2 sets each of PE attire and School Uniforms first. All students will remain in the same House from P1-P6. **Parents may exchange for wrong size and/or wrong House T shirt purchased, provided the item/s has/have not been worn or washed.***



How to Contact My Child's Form Teacher

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

- 1) Call Cedar Primary School (Tel : 62885633) to leave a message for your child's Form Teacher. Please state your child's name, class and reason for the call.
- 2) Email your child's form teacher. Staff email addresses are found here : <https://cedarpri.moe.edu.sg/about-cps/school-staff>. Please state your child's name, class and reason for the email.
- 3) Write a message in your child's handbook and remind your child to show the message to his/her teacher.



Health Care Services



Administrative Reminders for P1 Parents

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity



To support your child's wellbeing, the Health Promotion Board provides *free* health services, such as **screening, immunisation and dental checks** in schools

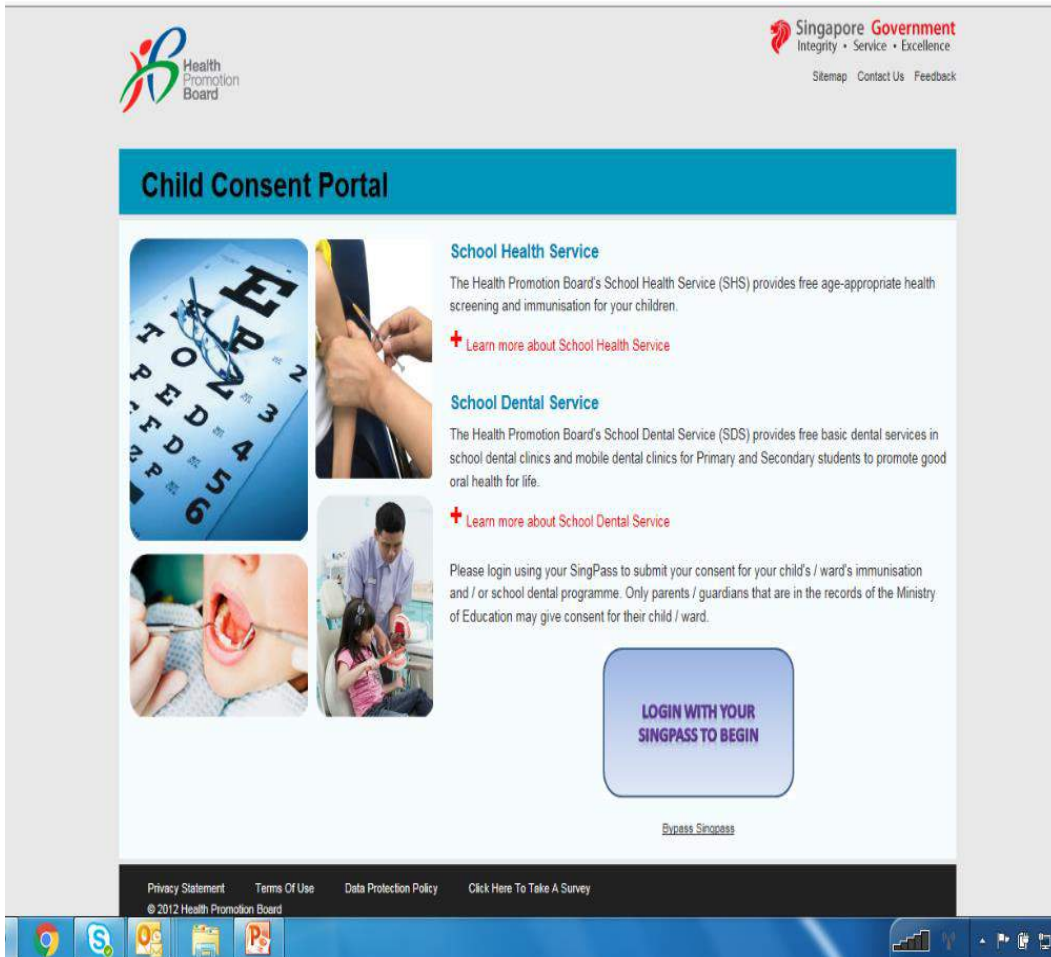


Parents must give their consent **ONLINE** before their children receive the services. Details will be provided in **December 2022.**



Health Promotion Board has launched the *Child Consent Portal* (<https://childconsent.hpb.gov.sg>) to submit your consent online

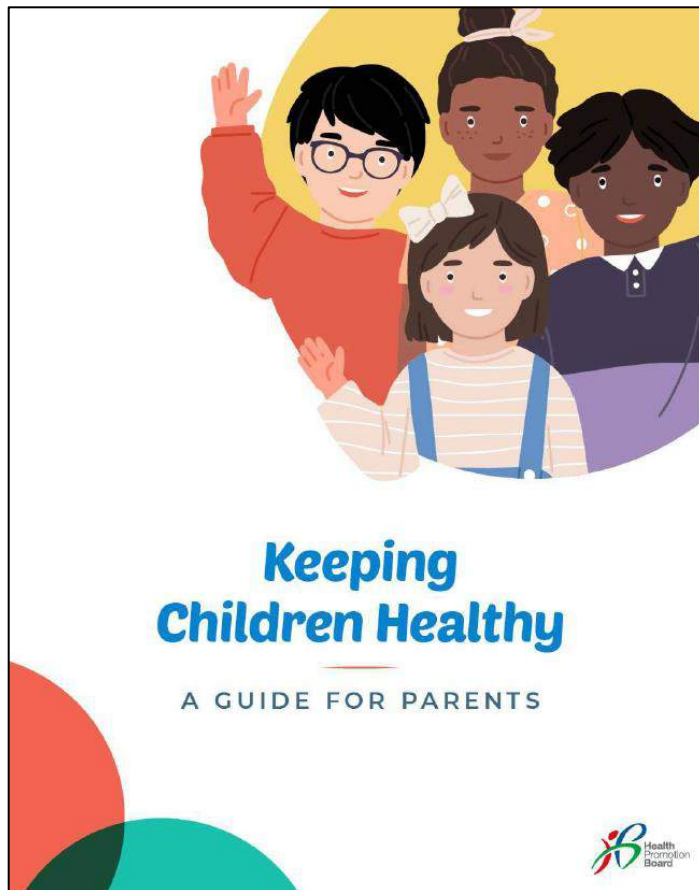
School Values: Kindness, Integrity, Resilience, Responsibility, Creativity



1. Log on to <https://childconsent.hpb.gov.sg> using your SingPass with 2-factor authentication (2FA)
2. Type in your child's NRIC/BC/FIN
3. Fill up and submit the medical form by **the date specified**

WE ARE HERE TO SUPPORT YOU!

KEEPING CHILDREN HEALTHY – A GUIDE FOR PARENTS



Edition 1



Edition 2



Edition 3



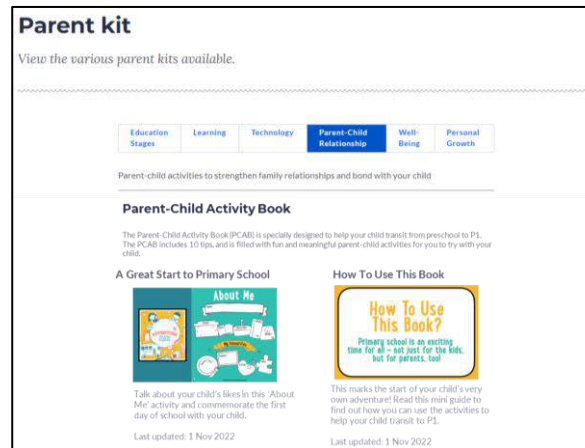
PARENT-CHILD ACTIVITY BOOK IS AVAILABLE ONLINE!

NEW

PARENT-CHILD ACTIVITY BOOK (DIGITAL)

10 TIPS FOR PARENTS to help you navigate your child's first year in primary school.

Chat with your child
Boost their confidence
Practise various scenarios
Create something interesting
Thank others for their help
Pledge to do things together



PARENT-CHILD ACTIVITY BOOK IS AVAILABLE ONLINE!

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

How To Use This Book?

Primary school is an exciting time for all – not just for the kids, but for parents, too!

In this book, you'll find 10 tips for parents – to help you and your child adjust smoothly to primary-school life. Each tip includes activities which you can do together.

As this is an e-version, you may want to download this and print it, and let your child write or draw on paper. If you prefer an environmental-friendly way, screenshot the pages, or download it and use a mobile application for your child to doodle on it.

With your child, pick the activities that you'd like to do. You don't have to do them all!



Use an application and allow your child to doodle on it!

Activities Inside Include:



Make promises and keep them



Every child needs encouragement



Show gratitude. It's a great habit



Make something awesome together



Get familiar with new routines



Keep that conversation flowing

This will be a year of making great memories, together. Have fun learning with your child!

Your adventure begins on the next page.





Parents/Guardians have received

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

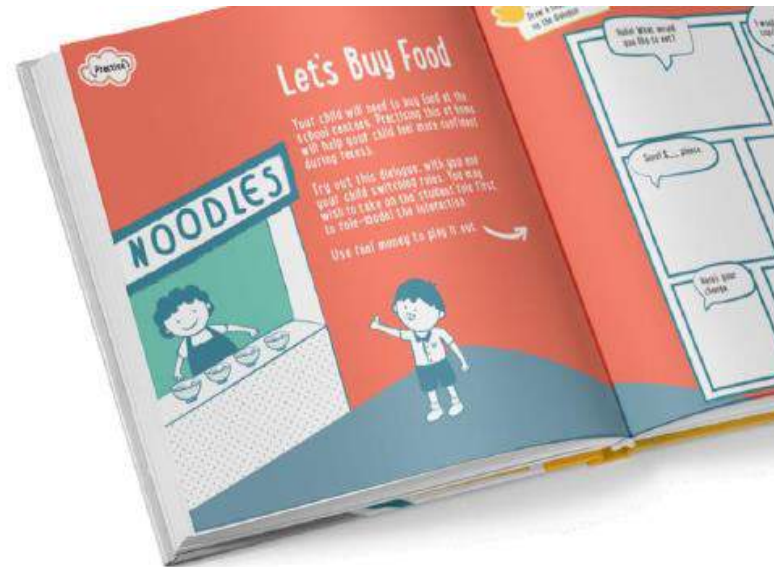
Parent Child Activity Booklet



FOR YOU & YOUR CHILD

PARENT-CHILD ACTIVITY BOOK

Tips & Activities for a Great Start to Primary School



Practise various scenarios

This copy is an extracted version of a hard copy book provided for all P1 students by M1. Your child's school will provide you with details on how to obtain this book.

How To Use This Book?

Primary school is an exciting
time for all – not just for the kids,
but for parents, too!

Personalise this book with your child's name, using the letter stickers at the back of this book. This marks the start of your child's very own, extra-special adventure.

In this book, you'll find 10 tips for parents – to help you and your child adjust smoothly to primary-school life. Each tip includes activities which you can do together.

With your child, pick the activities that you'd like to do. Feel free to jump around this book. You don't have to do them all!



Tips and Activities for a Great Start to Primary School

Parent Child Activity Booklet- Practise Routines

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

TIP 2



Practise Routines

Building good habits helps your child cope with the many new things they will encounter this year.

School is a lot more structured than your child is used to. Lessons are longer and so is the school day. Buying food at recess is a new experience and they will need to go to the washroom on their own. After-school activities and homework might take some getting used to. Practising routines will help your child face the unfamiliar with a smile!

Show-and-Tell

What's In Your School Bag?

Help your child develop the good habit of packing their bag before school. Chat about what goes in each day and how to check that they have everything they need. When they are ready, let your child try packing their bag on their own.

Here are some questions you can ask:

- What should you bring to school every day?**
 - ☐ My pencil case
 - ☐ School Diary
 - ☐ _____
 - ☐ _____
- Which books should you bring?**
 - ☐ Have you checked your timetable?
- Anything else?**
 - ☐ Have you checked your School Diary?
 - ☐ Have you packed your homework?
 - ☐ Did your teacher give you any forms for me to read or sign?




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Create

My Pencil Box

Your child's pencil case is a treasure chest of prized stationery. Teach them to take good care of it.

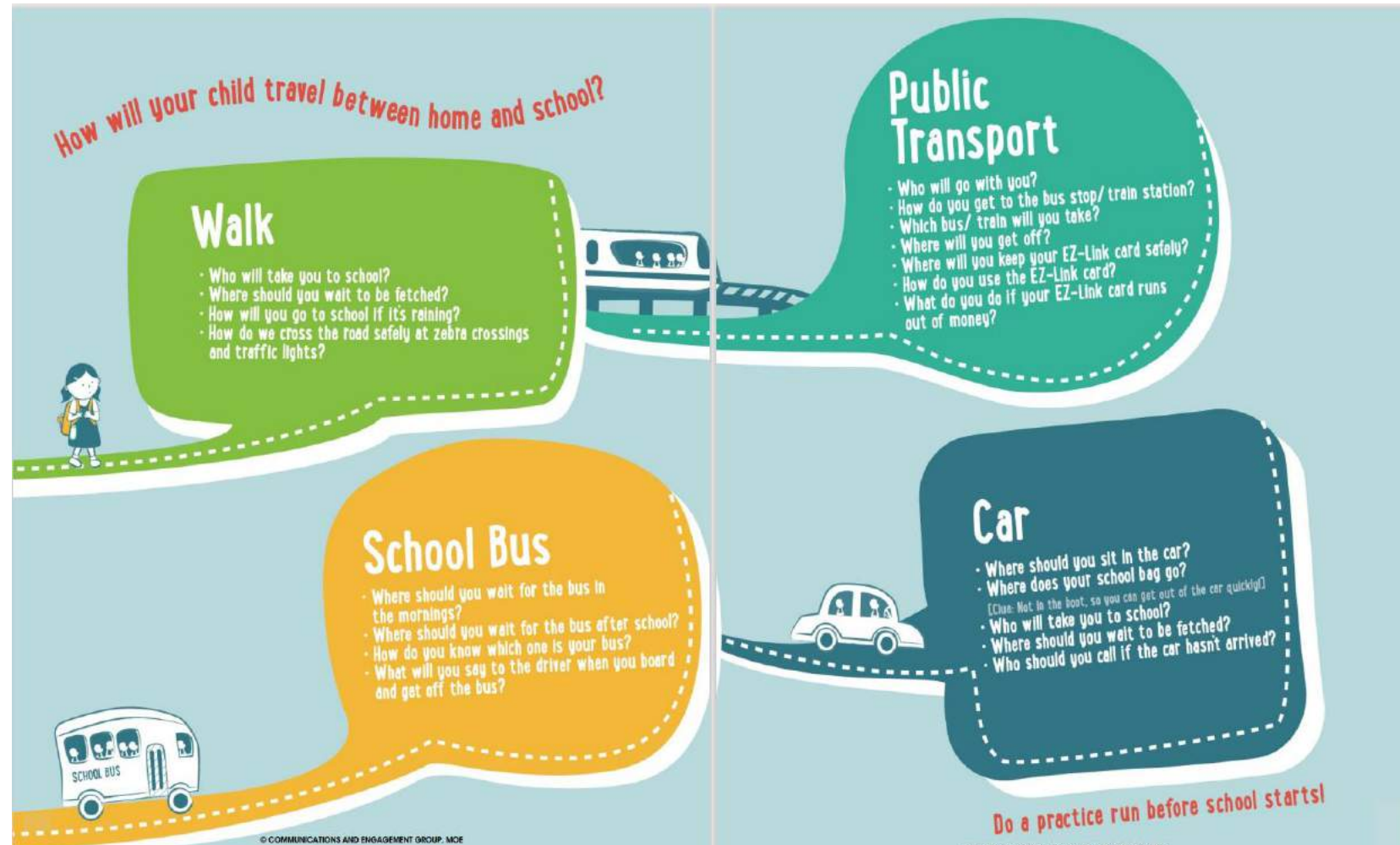
Get the name stickers from the pocket at the back of the book, and guide your child to write his/her name on them. Stick the stickers onto their pencils, ruler etc.



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Parent Child Activity Booklet – Practice Routines

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity



Parent Child Activity Booklet – Practice Routines

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity


Practise

Let's Buy Food

Your child will need to buy food at the school canteen. Practising this at home will help your child feel more confident during recess.

Try out this dialogue, with you and your child switching roles. You may wish to take on the "student" role first, to role-model the interaction.

Use real money to play it out. →



NOODLES

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FOODSTALL

Make sure to collect the right change!

chicken rice \$1	fishball noodles \$0.70	chicken burger \$1
fruit \$0.40	packet Milo \$0.70	sandwich \$0.50

Remember to eat your fruit – it's full of nutrients and tastes good!

HEALTHIER CHOICE
Health Promotion Board

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Parent Child Activity Booklet – Practice Routines

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

TIP 3



New Places, New Faces

Your child is getting to know a whole new world – and picking up values like resilience and responsibility along the way.

Primary school is a far bigger world than pre-school, with far more rooms and children. Give your child lots of chances to talk about the places they've been in school, and the people they've met. It'll let you get a sense of what school is like, through their eyes.



Making Friends Is Fun!

Show your child how to say hi to a new friend at school.

Ask your child to pretend they are meeting you for the first time and practise introducing themselves.





Parent Child Activity Booklet – Practice Routines

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

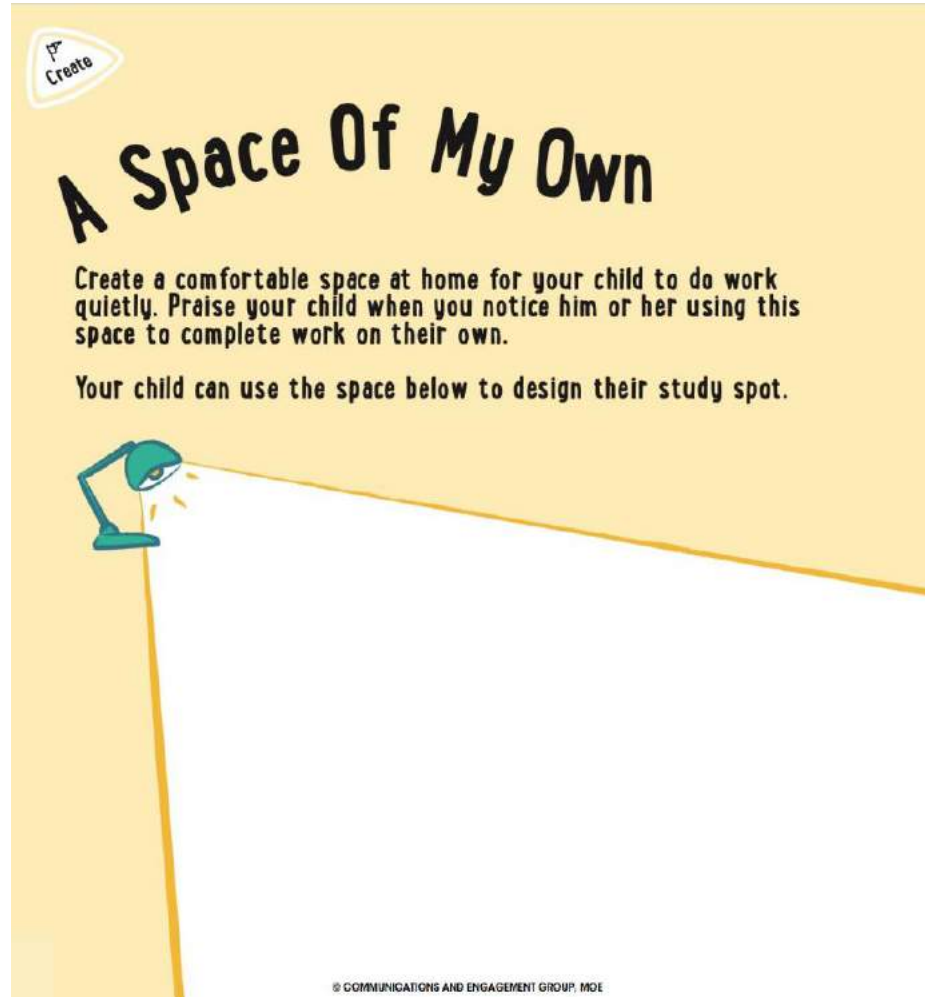
TIP 4



With your encouragement, your child will learn that they can achieve success in their own ways.

Your child is now learning more and more quickly than they might be used to. Celebrate their efforts, not just their achievements! If your child is struggling to catch up or finds lessons hard to "get", let them know you are listening.

You can help them create a quiet space to work, break their task down to smaller tasks that are easy to achieve, and give lots of hugs.



A Space Of My Own

Create a comfortable space at home for your child to do work quietly. Praise your child when you notice him or her using this space to complete work on their own.

Your child can use the space below to design their study spot.



Admin Reminders for P1 Parents

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

All parents of P1 students are to

- Both parents are to complete the ONLINE Student Data Form between **28 Nov 2022 from 10am and 29 Dec 2022**, using their SingPass accounts.
- Onboard **Parent Gateway (PG)** and access it regularly for updates and notifications from school. Instructional guide to login to PG is available here :

<https://cedarpri.moe.edu.sg/for-parents/parents-online-portal>



A Day in The Life of a P1 Cedarrian

School Values: Kindness, Integrity, Resilience, Responsibility, Creativity

You may view the video at

<https://cedarpri.moe.edu.sg/for-parents/virtual-tour-at-cedar-primary>





Thank You
